



Bwydlen Nadolig



Christmas Menu



Bwydlen ar gael 10:30 - 3.30
Diodydd a Theisennau tan 4.30

Menu available 10.30 - 3.30
Drinks & Cakes until 4.30

Plis archebwch a thalwch am eich
bwyd a diodydd wrth y til, diolch.

Dilynwch ni ar



Follow us on

Please order and pay for your food
& drinks at the till, thank you.

Prydau Cychwynnol a Byrbrydau

- Cawl Cartref a rhol ffres Gofynnwch am rhol
- Cawl a brechdan dwrci, ham neu gaws
- Pate cyw iar ac oren Blas Mwy gyda siytni nionyn a chrostini
- Selsig, Bacwn a thomato wedi ei weini mewn rhol fara
- Madarch mewn saws hufennog garlleg wedi ei weini hefo ciabatta gaws
- Medli tri chaws - Halloumi wedi'i grilio, Selsig Morgannwg, a chaws Brie lleol wedi'i orchuddio mewn briwsion bara a'i ffrio. Gweinir hefo salad oren a phomegraned
- Esgyll cyw iar blasus mewn Coca Cola hefo cylchoedd nionod mewn cytew
- Parsel corgimwch ac eog wedi'i fygu a'i weini ar salad oren a berw dwr

Starters and Snacks

- Homemade Soup & fresh roll Ask for a roll £4.95
- Soup and turkey, ham or cheese sandwich £8.50
- Blas Mwy chicken liver and orange pate with onion chutney and crostini £6.95
- Sausage, bacon and tomato served in a bread roll £6.50
- Creamy garlic mushrooms served with cheesy ciabatta £7.25
- Three cheese medley of grilled Halloumi, Glamorgan Sausage and deep fried local Brie. Served with orange and pomegranate salad £7.95
- Finger licking Coca Cola chicken wings with battered onion rings £7.50
- Prawn and smoked salmon parcel served on a bed of orange and watercress salad £7.95

Mae'n bosib creu rhai prydau heb glwten, yn lysieol neu'n vegan, gofynnwch

It may be possible to make some dishes gluten free, vegetarian or vegan - please ask

Dewis o Frechdan, Ciabatta neu Daten bôb gyda salad garnais

- Tiwna, nionyn coch a phupur
- Caws a nionyn coch
- Ham wedi'i goginio yn ein cegin â siytni cartref
- Twrci, Cig Moch a Brie lleol
- Twrci a'n stwffin Cartref ni
- Ham Caerfyrddin, Brie a ffigys
- Cig Eidion lleol (a chaws glas lleol yn flasus arni pan wedi'i thostio)

A choice between a Sandwich, Ciabatta or Jacket Potato with a salad garnish

- Tuna, red onion and pepper £7.50
- Cheese and red onion £6.50
- Our own cooked Ham and homemade chutney £7.25
- Turkey, Bacon and local Brie £7.25
- Turkey and our homemade stuffing £7.25
- Camarthen ham, brie & fig £7.50
- Local Welsh Black beef (blue cheese tasty when toasted) £7.50

Am Gyngor Alergedd gofynnwch wrth y cownter
Defnyddir cnau yn ein cegin.

Prif Brydau

Brecwast Blas Mwy: Cig Moch, selsig lleol, madarch,
pwdin gwaed, tomato, wy a ffa pob

Gweinir gyda thost (neu sglodion ar ol hanner dydd)

Cacen Bysgod enwog BLAS MWY - Eog a hadog drwy
fwg wedi'i gyfuno gyda thatws a pherlysiau.

Gweinir gyda salad bach a dresin.



Caws Pob Cymreig - Mae cyfuniad o gawsiau, mwstard a
joch o gwrw lleol yn rhoi 'blas mwy' arno, ar dost trwchus
â mymryn o salad. Ychwanegwch sleisen o dwrci neu wy
wedi'i ffrio am wledd!

Byrger Cig Eidion Cymreig 6 owns - Wedi'i weini mewn
ciabatta, madarch a nionod mewn cyteu cwrw a sglodion
talpiog cartref. Ychwanegwch gig moch, Monterey Jack
neu Gaws Glas Lleol

Ham Cartref, saws Cumberland, pys a sglodion
talpiog cartref

Scampi Cynffon gyflawn, sglodion talpiog cartref a phys

Falafel a llysiau wedi'i grilio a'i weini ar ciabatta gartref

a salad gwyrdd  

Cebab twrci wedi'i farineiddio mewn iogwrt a chumin,
selsig mewn saws gwin coch wedi'i weini ar wely o
couscous ffrwyth

Yn Ychwanegol

Potyn o Ffa pob/colslo/caws

Bara garlleg

Taten bôb

Nionod mewn cyteu cwrw

Sglodion talpiog cartref

Sglodion tatw melys cartref

Bargen i'r Plantos

* Brechdan/Toastie ham, gaws neu diwna gyda chreision,
ffrwyth a iogwrt **neu**

* Selsig, sglodion a ffa pôb **neu**

* Goujons cyw iâr cartref, gyda sglodion a ffa pôb
Gweinir hefo diod plentyn

Cofiwch ymweld a'n chwaer gaffi

Blas Llynnon, Llanddeusant LL65 4AB

Siop a chaffi Blas Llynnon ar agor

Iau i Sul 11- 4 hyd at Rhagfyr 30

Yr unig felin wynt weithredol yng Nghymru



Please ask at the counter for Allergy Advice.
Nuts are used in our kitchen.

Main Meals

All day Breakfast: bacon, local sausage, mushrooms, black
pudding, tomato, egg and beans. Served with toast (or chips
after midday) £8.95

The famous BLAS MWY Fishcakes - Salmon & Smoked
Haddock bound together with potato and herbs. Served with
a side salad and dressing bch/sml £7.50 mwr/lge £9.50

Welsh Rarebit - A blend of local cheeses, mustard and a spot
of local beer makes this dish very 'moreish' (Blas Mwy)
served with thick toast & a salad garnish. £8.75

Add a slice of turkey or fried egg for a feast! £9.95

Welsh Black 6 oz Beefburger - burger served in a ciabatta
with mushrooms, beer battered onion rings and homemade
chunky chips £11.50

Add bacon, Monterey Jack or local blue cheese £1 yr un / each

Homebaked Ham, Cumberland sauce, peas and homemade
chunky chips £9.25

Wholetail scampi, homemade chunky chips and peas £10.50

Falafel patties and grilled vegetables served on a homemade
ciabatta and green salad   bch/sml £7.25 mwr/lge £10.25

Turkey kebab marinated in yogurt and cumin, pork sausages
in red wine served on a fruity couscous £11.50

Extras

Pot of Beans/coleslaw/cheese £1 yr un / each

Garlic bread £2.50

Jacket potato £2.50

Beer battered onion rings £2.95

Homemade Chunky chips £3.50

Homeade Sweet potato chips £3.50

Children's Meal Deal

* Cheese, ham or tuna sandwich/toastie with crisps,
fruit & yogurt **or**

* Sausage, chips & beans **or**

* Our own chicken goujons, chips & beans

All served with child's drink



£5.95

Why not visit our sister cafe

Blas Llynnon, Llanddeusant LL65 4AB

Shop and cafe open Thursday to Sul 11- 4

until the 30th of December

The only working windmill in Wales

